

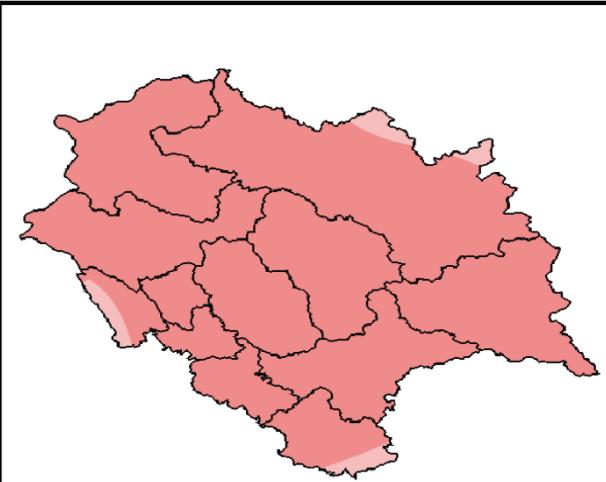
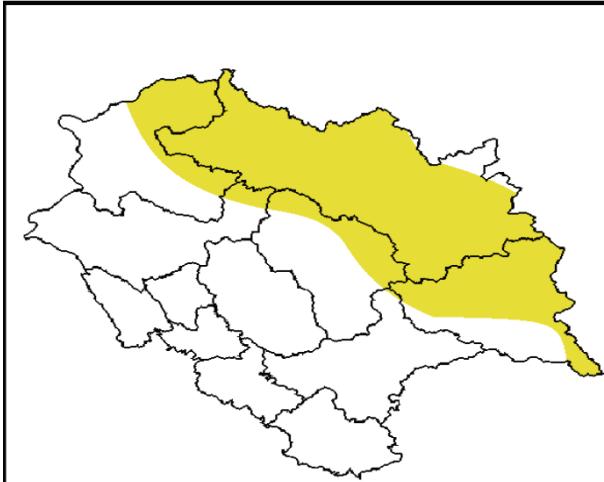
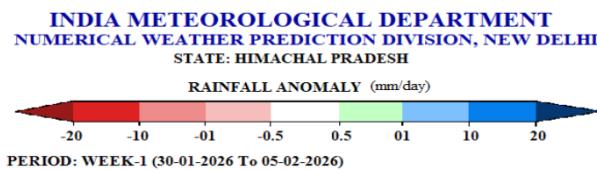
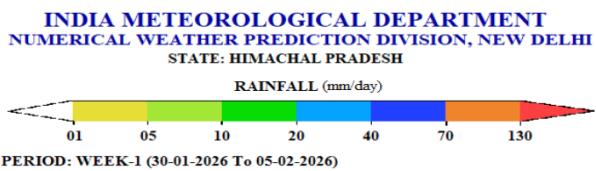
Extended Range Weather Forecast

Date: - 29.01.2026

Weather Forecast and Warning for two weeks w.e.f. 30th January, 2026

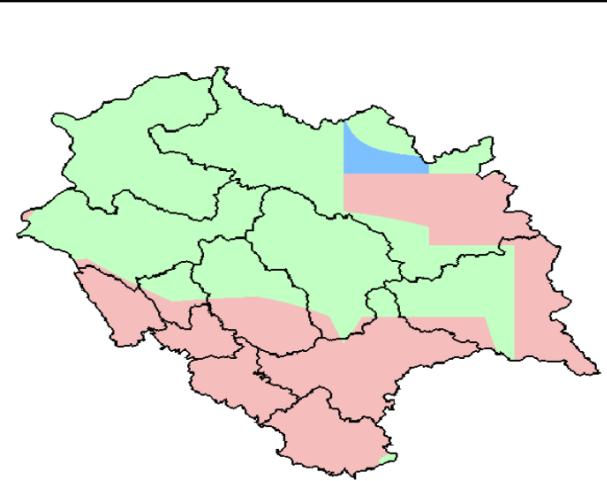
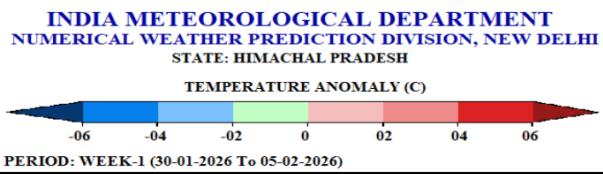
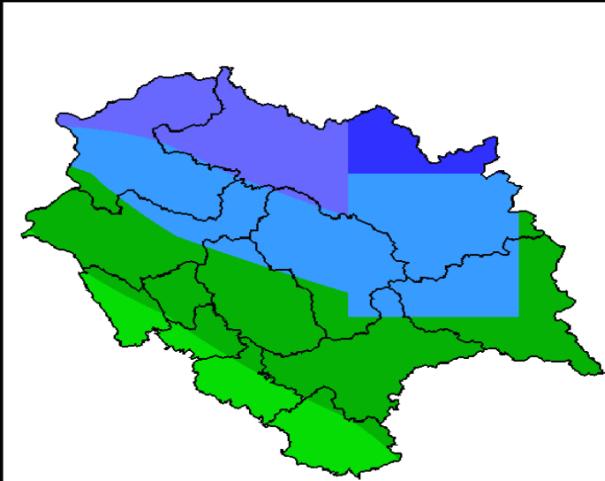
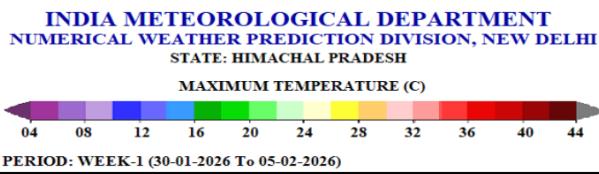
Week 1 (30th January 2026 – 05th February 2026)

Rainfall



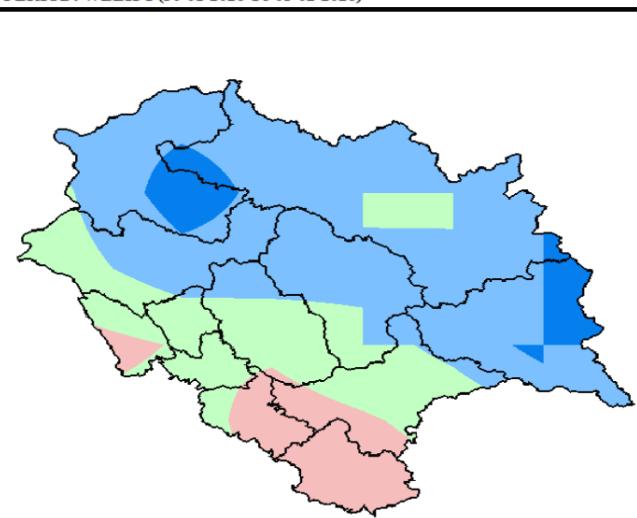
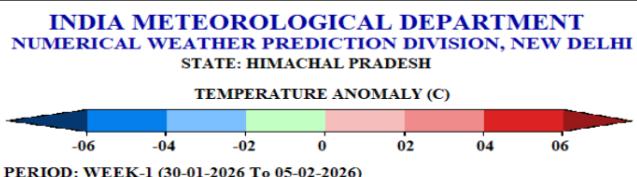
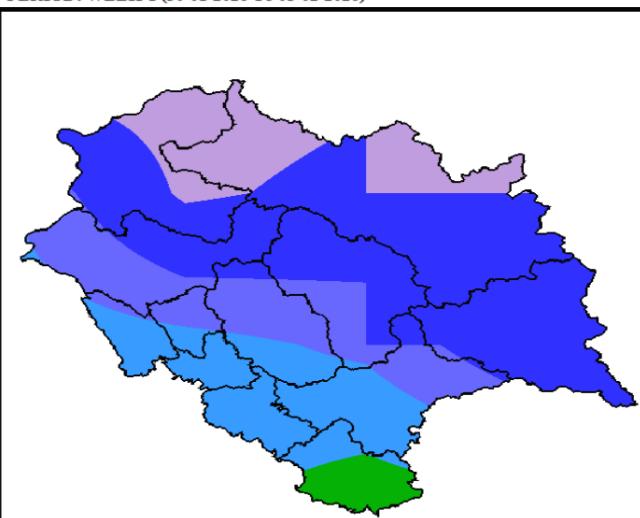
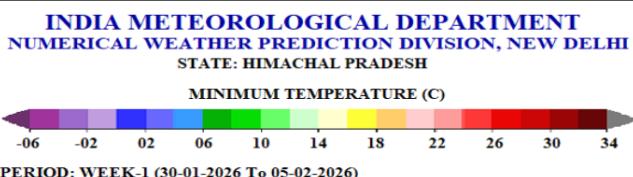
- Light to moderate rain/snow and one or two intense spells very likely at many places over the high hills & adjoining mid hills of the state during some days of the week 1.
- Rainfall anomaly very likely to be below normal over most parts of the state.

Maximum Temperatures



- Maximum Temperatures very likely to be in the range of 2-10°C over most parts of the high hills; in the range of 12-20°C over most parts of the mid hills and in the range of 14-22°C over most parts of the low hills/plains during many days of the week 1.
- Maximum Temperatures very likely to be normal for most parts of the state and below normal for isolated parts of Lahaul-Spiti district in the week 1.

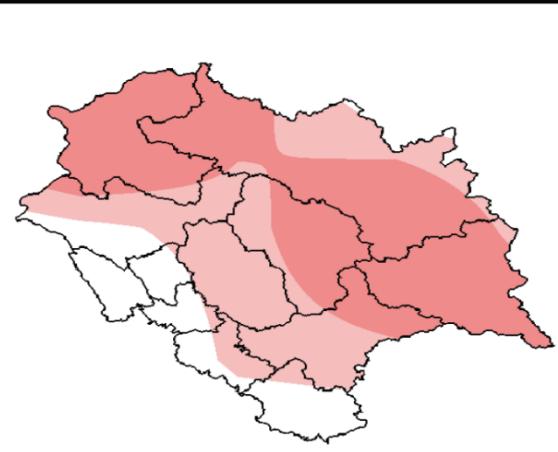
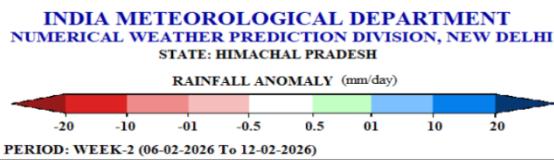
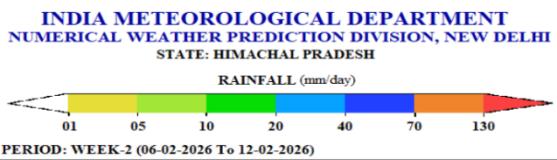
Minimum Temperatures



- Minimum Temperatures very likely to be in the range of 01-08°C over most parts of the low hills/plains; in the range of 00-08 °C over most parts of the mid hills and in the range of -08 to 02 °C over most parts of the high hills during many days of the week 1.
- Minimum Temperatures very likely to be normal over most parts of the low hills/plains & mid hills and parts of Lahaul-Spiti district of the state; below normal for many parts of high hills & adjoining mid hills of the state and appreciably below normal for parts of Chamba, Lahaul-Spiti & Kinnaur districts in the week 1.

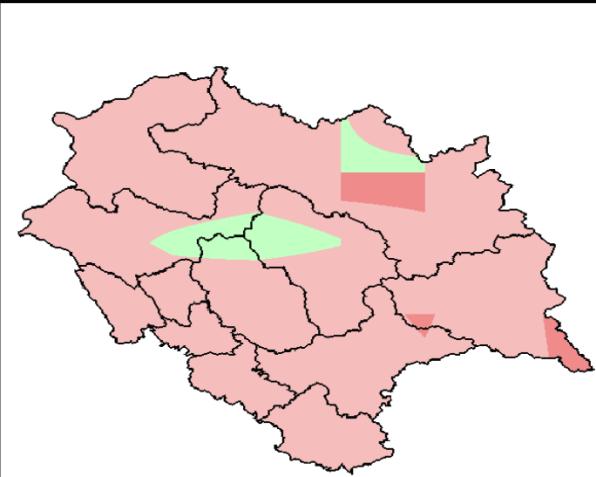
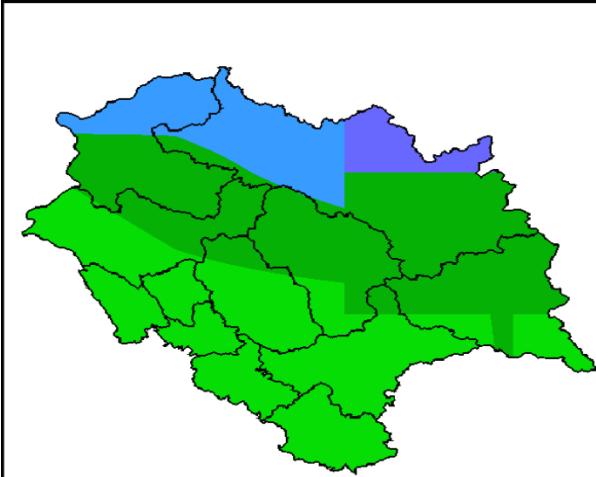
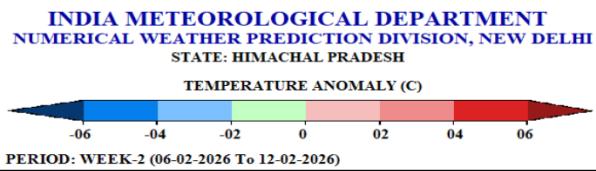
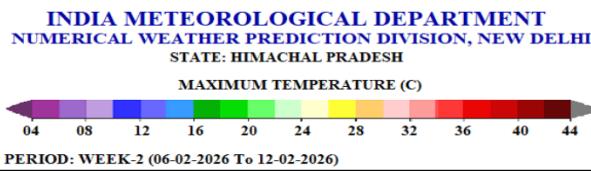
Week 2 (06th February 2026 – 12th February 2026)

Rainfall



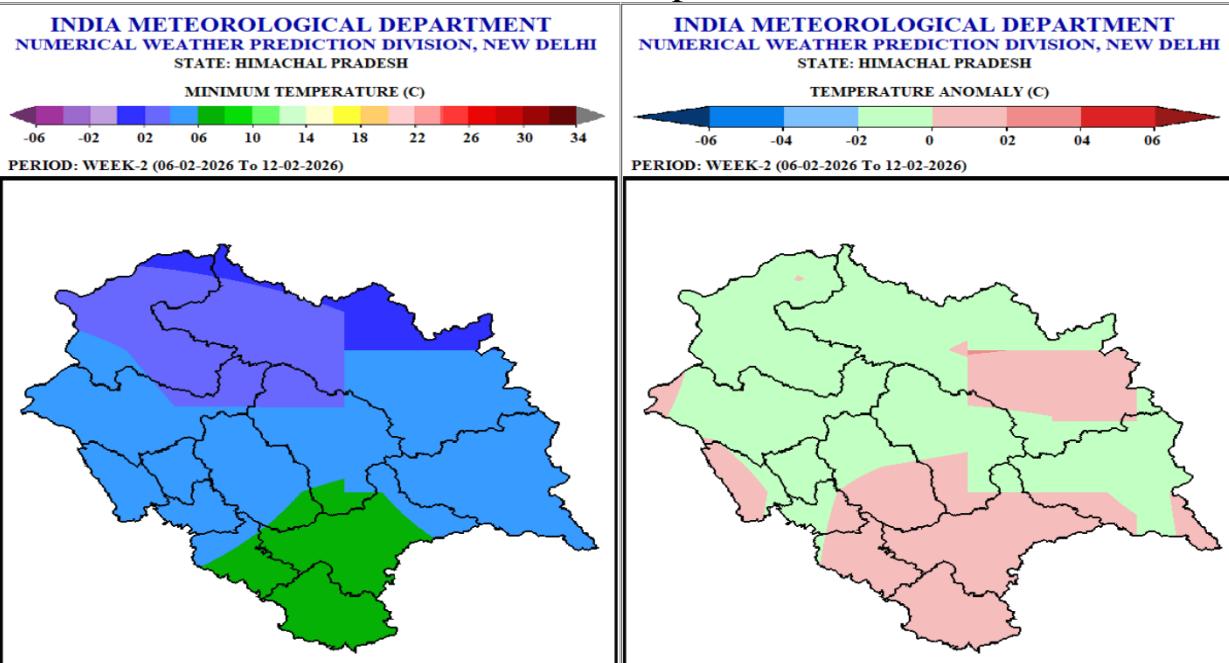
- Light rain/snow likely at most places over the state during some days of the week 2.
- Rainfall anomaly likely to be normal to below normal over many parts of the low hills of the state and below normal over many parts of the high and mid hills of the state in the week 2.

Maximum Temperatures



- Maximum Temperatures likely to be in the range of 06-12°C over many parts of the high hills; in the range of 12-22°C over many parts of the mid hills and in the range of 18-24°C over many parts of the low hills/plains during many days of the week 2.
- Maximum Temperatures likely to be normal over many parts of the state and above normal for parts of Lahaul-Spiti & Kinnaur districts in the week 2.

Minimum Temperatures



- Minimum Temperatures are likely to be in the range of 02-08°C over many parts of the low hills/plains; in the range of 00-08°C over many parts of the mid hills and in the range of -10 to 02 °C over many parts of the high hills during many days of the week 2.
- Minimum Temperatures likely to be normal over many parts of the state in the week 2.

Outlook for next 2 weeks

Week	Max. Temp.	Min. Temp.	Rainfall Anomaly
Week 3 13th February to 19th February	Normal	Low hills/plains & Mid hills: Normal High hills & adjoining mid hills: Normal to Below Normal	Below Normal
Week 4 20th February to 26th February	Normal to Above Normal	Normal; Normal to Below Normal for parts of Lahaul-Spiti, Kullu, Kinnaur & Shimla districts	Below Normal

REGION	AREAS/DISTRICTS COVERED
HIGH HILLS	LAHAUL & SPITI, KINNAUR, CHAMBA, UPPER PARTS OF KULLU AND MANDI DISTRICTS
MIDDLE HILLS	SHIMLA, MANDI, KULLU, SOME PARTS OF CHAMBA (SIHUNTA, CHOWARI AND CHAMBA), MOST PARTS OF SOLAN AND SIRMAUR DISTRICTS
LOW HILLS/PLAINS	UNA, BILASPUR, HAMIRPUR, SOME PARTS OF KANGRA (NURPUR, JWALA & DEHRA), SOLAN (NALAGARH, BADDI, ARKI & KUNIWAR) AND SIRMAUR (NAHAN & PAONTA SAHIB) DISTRICTS

Regards
Met Centre Shimla

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